

The Blue Person Limited Adult GDPR form

Solstice Wellbeing Centre

Solstice House, Felsham Road, Bradfield St George, Suffolk,
IP30 0AB

The General Data Protection Regulation (GDPR) requires that The Blue Person Limited and our therapists tell you how and why we keep records about you and what we do with such information, and for you to give your informed consent for the company/your therapist to keep your personal records.

Your personal information will be kept in full accordance with the Data Protection legislation on the basis that you have given your consent hereunder to information about you being held by the Blue Person Ltd/your therapist, which means that they will:

1. keep notes/recordings and contact details in order to maximise the efficacy of your treatment.
2. use your contact details only to get in touch with you about matters relating to your therapy such as appointments, and to provide helpful information where appropriate, unless you have given your explicit consent for the therapist to contact you for other purposes.
3. retain notes of your treatment for a period of at least 7 years from the date of your last session, in accordance with professional requirements and will take steps to ensure the security of the records.
4. keep photos or video/audio recordings in digital format completely separate from the company's computers on storage media that is both encrypted and password protected.
5. never share your personal information with other individuals or organisations, except where they have reason to believe you or others to be at risk, or where there is a legal duty to disclose it, or as otherwise specified, if applicable. (If the last clause is applicable, your therapist will explain it to you.)
6. provide you with free access to the information they hold about you, should you wish.

If you have concerns about the accuracy or management of your personal information, please tell your therapist. If you are not satisfied with their response, you can contact the Information Commissioner's Office (<https://ico.org.uk/concerns/>, Telephone 0303 123 1113) and/or the HGI.

I confirm that I am an adult 18 years old or over and have read this form / had its contents explained to me and hereby give my informed consent for my personal information to be kept in accordance with paragraphs 1 to 6 above.

Name (Please Print):.....

Date:/...../20....

Signature:



THE BLUE PERSON LTD